


# WEEKLY MENU FOR MOUNT SCHOOL WEEK COMMENCING 23<sup>rd</sup> JANUARY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST</b>	GRILLED BACON & BEANS	SCRAMBLED EGG & GRILLED TOMATOES	GRILLED SAUSAGES & PLUM TOMATOES	GRILLED BACON & HASH BROWNS	GRILLED SAUSAGES & MUSHROOMS	CROISSANT & MUFFINS	BACON & EGGS
	JUICES CEREALS FRESH FRUIT TOAST & PRESERVES	JUICES CEREALS FRESH FRUIT TOAST & PRESERVES	JUICES CEREALS FRESH FRUIT TOAST & PRESERVES	JUICES CEREALS FRESH FRUIT TOAST & PRESERVES	JUICES CEREALS FRESH FRUIT TOAST & PRESERVES	JUICES CEREALS FRESH FRUIT TOAST & PRESERVES	JUICES CEREALS FRESH FRUIT TOAST & PRESERVES
<b>LUNCH</b>	“CHINESE NEW YEAR”	“PIZZA BAR”	“PIE & MASH BAR”	“PASTA BAR”	“HOT BOWLED SALAD”	EXEAT	EXEAT
	MINSTRONE SOUP SOUP	CREAM OF LEEK SOUP	BROCCOLI & HAM HOCK SOUP	REGGIA REGGIA SOUP	CARROT & CORIANDER SOUP		
	PENNE PASTA BOLOGNAISE WITH GARLIC BREAD & CHOPPED HERB SALAD	CHICKEN CHASSEUR WITH BUTTON MUSHROOM, TARRAGON & TOMATO	ROASTED LOIN OF PORK WITH SAGE & APPLE SAUCE & ROAST GRAVY	BRAISED BEEF WITH SHALLOTS, ROSEMARY & HORSERADISH CREAM	PANFRIED PANGASIOUS ON INDIAN SPICED POTATO CAKE WITH CHILLI & MINT YOGHURT		
	SWEET POTATO & BUTTERNUT CURRY WITH MUSHROOM PILAU RICE	PROVENCALE VEGETABLE & CREAM CHEESE OPEN TART WITH SALSA VERDI	MUSHROOM & BABY SPINACH TAGLIATELLE WITH TOMATO TAPENADE	MEXICAN PEPPER & MIXED BEAN CHIMICHANGA WITH CORIANDER SALAD	QUORN SAUSAGE BAP WITH CARMELISED ONION & POACHED EGG HOLLANDAISE		
	SAUTEED NEW POTATOES ROASTED COURGETTES	PARSLEY POTATOES BUTTERED GREEN BEANS	ROASTED POTATOES CARROT & SWEDE MASH	CAJUN POTATO WEDGES BUTTERED SWEETCORN	SAUTEED POTATOES GARDEN PEAS		
	JACKET POTATOES	JACKET POTATOES	JACKET POTATOES	JACKET POTATOES	JACKET POTATOES		
	SELECTION OF SALADS .....	SELECTION OF SALADS .....	SELECTION OF SALADS .....	SELECTION OF SALADS .....	SELECTION OF SALADS .....		
	PINEAPPLE UPSIDE DOWN CAKE WITH CUSTARD SAUCE	CHOCOLATE CHIP SPONGE WITH CHOCOLATE SAUCE	CORNFLAKE TART & CUSTARD SAUCE	VANILLA SPONGE WITH FRESH WHIPPED CREAM	CHOCOLATE BROWNIE & VANILLA ICECREAM		
SELECTION OF COLD DESSERTS & FRESH FRUIT	SELECTION OF COLD DESSERTS & FRESH FRUIT	SELECTION OF COLD DESSERTS & FRESH FRUIT	SELECTION OF COLD DESSERTS & FRESH FRUIT	SELECTION OF COLD DESSERTS & FRESH FRUIT			
<b>SUPPER</b>	CREAMY CHICKEN STROGANOFF WITH BRAISED PEPPER RICE	THAI FISHCAKES WITH CUCUMBER SALAD & SWEET CHILLI DRESSING	“BURNS NIGHT SUPPER”  .....	PORK POLPETTES WITH TOMATO & BASIL SAUCE & CHERVIL TOSSED SPAGHETTI	EXEAT		ROAST BEEF WITH YORKSHIRE PUDDING & ONION GRAVY
	THREE CHEESE & ASPARAGUS PASTA BAKE .....	ROASTED TOMATO & QUORN LASAGNE .....		CHEESE & CHERRY TOMATO PIZZA WITH COLESLAW .....			QUORN BOLOGNAISE WITH GRALIC BREAD .....
	MANGO ETON MESS	LEMON SHORTBREAD		RASPBERRY MOUSSE			APRICOT FLAPJACK